Clear consent.
Safe support.

This addendum documents a parent or guardian's permission for youth life coaching, the young person's assent, and the boundaries that help everyone work together responsibly.

Use with the main agreement: This addendum supplements the GripNewLife Client Intake Form and Coaching Agreement. If the youth is under 18, the parent/guardian signs the main agreement as the responsible party and signs this addendum; the youth signs the assent on page 6. If terms conflict, this addendum controls only for youth-specific issues.

Parties and service

Youth's full legal name

Youth's preferred name

Parent/guardian full legal name

Relationship to youth

Coach's full name

Effective date

Program / package

Expected coaching period

How to complete the addendum

1. The parent/guardian completes pages 1-2 and the policy choices on pages 3-5.
2. The coach, parent/guardian, and youth discuss coaching scope, privacy, safety, communication, and fees before services begin.
3. The parent/guardian initials key terms; all parties sign page 6 and keep a complete copy.
4. Write “N/A” where a field does not apply. Do not leave material policy fields blank.

Main agreement date **Coach initials**

Date of birth

Age

Home address

City / state / postal code

Youth email, if approved

Youth phone, if approved

Accessibility, language, learning, technology, or scheduling needs relevant to coaching

Parent/guardian contact and authority

Email

Phone

Mailing address, if different

Best contact method

_____ **Guardian authority.** I represent that I am the youth's parent or lawful guardian and have authority to consent to these services. I have disclosed any custody order, protective order, shared-decision requirement, or other restriction that affects consent, scheduling, records, communication, or access.

☐ No relevant order or restriction ☐ Relevant order or restriction disclosed to GripNewLife

Other parent/guardian or person with decision-making rights (name, contact, authority)

GripNewLife Provides only the portions needed to verify authority or restrictions. GripNewLife may pause services until authority is reasonably confirmed.

Emergency and location information

Primary emergency contact

Relationship / phone

Alternate emergency contact

Relationship / phone

Youth's usual session location

Local emergency service / jurisdiction

Relevant safety information the coach should know (do not include unnecessary medical records)

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1. Youth life coaching

GripNewLife provides life coaching to support age-appropriate reflection, goal setting, confidence, decision-making, communication, accountability, habits, and personal growth. Coaching is collaborative and educational. The youth may ask questions, decline an exercise, request a pause, or say that something does not feel helpful.

_____ **Parent/guardian initials - coaching is not treatment.** Coaching is not psychotherapy, counseling, psychiatry, medical care, diagnosis, crisis intervention, legal advice, financial advice, tutoring, special-education services, or another licensed professional service. It does not replace qualified healthcare, mental-health, school, legal, or social services.

The coach may decline, pause, or end coaching and recommend another provider when the youth's needs are outside coaching scope, when lawful consent is unclear, or when continuing would be unsafe or inappropriate.

2. Youth assent and voluntary participation

The parent/guardian gives legal permission, but effective coaching also depends on the youth's willingness to participate. The coach will explain the service in age-appropriate language. The youth may express concerns or withdraw assent. If the youth no longer wishes to participate, the parties will discuss whether to pause, modify, or end coaching, subject to safety and legal requirements.

3. Privacy plan

Coaching works best when the youth has a reasonable degree of privacy. At the same time, a parent/guardian may have legal rights to information and remains responsible for the youth's care. Coaching communications may not carry healthcare or therapist-client privilege.

Unless law, safety, or this written plan requires otherwise, GripNewLife will share with the parent/guardian general themes such as attendance, engagement, goals, progress, and recommended support rather than a word-for-word account of sessions.

Privacy-plan item	Agreed approach
Parent/guardian updates	☐ After each session ☐ Monthly ☐ As needed ☐ Other: _____
Information normally shared	☐ Attendance ☐ Goals / progress ☐ Action steps ☐ Other: _____
Parent/guardian participation	☐ Opening check-in ☐ Closing check-in ☐ Separate review ☐ Only if requested
Private session setting	
Other agreed privacy boundary	

Limits apply: The coach may disclose information when the parent/guardian authorizes it, when needed to operate the service through necessary vendors, for confidential legal or professional consultation, when required by law, or when reasonably believed necessary to address abuse, neglect, exploitation, serious danger, or another urgent safety concern.

_____ **Parent/guardian initials - no promise of absolute secrecy.** I understand the privacy plan, the limits above, and that GripNewLife will follow applicable law if it conflicts with a selected preference.

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4. No emergency or crisis service

GripNewLife is not an emergency service and does not provide 24/7 monitoring. Messages may not be seen immediately. If the youth may harm themself or someone else, cannot stay safe, or has an urgent medical or mental-health need, call emergency services. In the United States, call 911 or call/text 988. Outside the United States, contact local emergency or crisis services.

The parent/guardian remains responsible for supervision, transportation, healthcare, medication, school decisions, and access to emergency and licensed services. Coaching does not create a duty for the coach to monitor the youth between sessions.

_____ **Parent/guardian initials - safety authorization.** When the coach reasonably believes action is needed for safety or when law requires it, I authorize the coach to contact me, another guardian, the emergency contact, emergency services, child-protection authorities, or another appropriate resource and to share reasonably necessary information.

5. Remote and in-person session safeguards

- At the start of a remote session, the youth or guardian will provide the youth's current physical location when requested.
- A responsible adult will be reachable during remote sessions unless the parties agree otherwise in writing and applicable law permits it.
- The youth will not participate while driving, riding a bicycle in traffic, operating equipment, or in another unsafe setting.
- The guardian will provide a reasonably private, safe setting and appropriate device access. Ordinary technology failures or privacy risks may occur.
- If a connection fails, the coach may contact:

_____

- For in-person services, the parties will follow the agreed arrival, pickup, supervision, and location rules. GripNewLife does not provide transportation or childcare.

Adult reachable during sessions _____ **Phone** _____

Approved pickup person(s), if relevant _____ **Session platform / location** _____

6. Communications and boundaries

- Approved routine channels are listed below. Text, email, and direct messages are not for emergencies.
- The coach communicates directly with the youth only within the permissions and hours selected below.
- The youth, guardian, and coach will not record, photograph, livestream, or distribute a session without separate written consent from every legally required person.
- Public social-media interactions may reveal the coaching relationship and are not required. Coaching concerns should use an agreed private channel.

Communication item	Permission / detail
Youth direct contact	☐ Email ☐ Text ☐ Phone ☐ None
Purpose	☐ Scheduling ☐ Reminders ☐ Brief coaching check-ins ☐ Resources
Approved days / hours	
Copy parent/guardian?	☐ Always ☐ For scheduling ☐ Only when needed ☐ Other: _____

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7. Fees, scheduling, cancellation, and refunds

The parent/guardian is the financially responsible party unless a different responsible adult signs a written agreement. The main agreement's completed business terms govern fees, payment schedule, cancellation notice, late arrival, no-shows, package expiration, credits, and refunds, subject to applicable law.

Financially responsible adult

Relationship to youth

Total fee / package price

$

Payment schedule

Cancellation notice

At least _____ hours

Late-cancel / no-showcharge

_____ **Parent/guardian initials - payment and cancellation.** I reviewed the completed terms in this addendum and the main agreement, understand the total amount and due dates, and accept financial responsibility. This form does not collect payment-card details.

8. Responsibility, risk, and results

The parent/guardian and youth remain responsible for choices and actions. Coaching may involve difficult topics, challenging feedback, new habits, and uncertain personal or interpersonal outcomes. No specific result, grade, admission, employment, income, relationship, emotional outcome, or timetable is promised.

To the fullest extent permitted by law, the voluntary participation, assumption-of-ordinary-risk, limitation-of-liability, intellectual-property, termination, dispute, governing-law, severability, and other general terms in the main agreement apply to the parent/guardian and youth. No provision waives a right that cannot legally be waived or excuses gross negligence, willful misconduct, fraud, or another liability that cannot legally be limited.

9. Records and access

GripNewLife may keep agreements, intake information, notes, invoices, and communications for business, legal, insurance, safety, and continuity purposes, then delete or destroy them under its written practices and applicable law. The guardian understands that requests to inspect, copy, restrict, or disclose a youth's records will be handled under applicable law, this privacy plan, and reasonable identity verification.

Record-retention period

Business privacy contact

10. Optional permissions

Decliningan optional permission will not affect eligibility for coaching. Permission may be withdrawn prospectively in writing, subject to lawful recordkeeping.

☐ **I agree** ☐ **I do not agree**

The youth and/or guardian may receive appointment reminders and service-related logistical messages through the approved channels. Standard carrier rates may apply.

☐ **I agree** ☐ **I do not agree**

GripNewLife may send the parent/guardian occasional educational or promotional emails. The recipient may unsubscribe at any time.

GripNewLife may not use the youth's or guardian's name, image, likeness, story, recording, or identifiable results for marketing without a separate, specific written release signed by every person whose consent is legally required.

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Parent/guardian consent

By signing, I confirm that I:

- read all six pages and the complete main coaching agreement, received completed policies, had an opportunity to ask questions, and will keep a signed copy;
- have legal authority to consent and accurately disclosed custody or access restrictions;
- give permission for the youth named here to participate in GripNewLife life coaching;
- understand the coaching scope, privacy limits, reporting and emergency boundaries, communication plan, technology risks, payment terms, and limits on promised results;
- accept the parent/guardian responsibilities and financial terms described here and in the main agreement; and
- confirm that the information provided is accurate to the best of my knowledge.

Parent/guardian signature | **Date**

Printed name | **Relationship to youth**

Second parent/guardian signature, if required | **Date**

Printed name | **Relationship to youth**

Youth assent

I understand, in words appropriate for me, that coaching is a place to work on goals and life skills. It is not therapy, medical care, or an emergency service. I can ask questions, say no to an activity, request a break, and tell the coach or my parent/guardian if I am uncomfortable. I understand that the coach may share information when the law or safety requires it and according to the privacy plan we discussed. I agree to participate.

Youth signature | **Date**

Youth printed / preferred name | **Age**

Coach acknowledgment

I explained the service, privacy plan, safety limits, communication boundaries, and policies in age-appropriate language; answered reasonable questions; and will provide a complete signed copy.

Coach signature | **Date**

Coach printed name / title | **GripNewLife entity name**

- ☐ Guardian authority reasonably confirmed
- ☐ Custody restrictions reviewed
- ☐ Youth assent obtained
- ☐ Privacy plan discussed
- ☐ Emergency plan completed
- ☐ Policies completed and initialed
- ☐ Signed copy provided
- ☐ Legal / insurance review current

Business details completed before signing

- ☐ Legal entity / owner
- ☐ Business contact details
- ☐ Program and deliverables
- ☐ Price and payment schedule
- ☐ Cancellation / no-show policy
- ☐ Record-retention period
- ☐ Governing law / venue
- ☐ Required local notices

Document and copy log

Mainagreementversion / date

Addendum signed date

Parent/guardian copy provided by

Date / method

Youth copy provided, if appropriate

Date / method

Notes and additional addenda

Document only operational details needed to administer the agreement; avoid unnecessary sensitive information.

Final review

This addendum should be reviewed together with the main GripNewLife Client Intake Form and Coaching Agreement. A signed addendum cannot fix an incomplete main agreement, unclear custody authority, a service outside coaching scope, or a legal requirement that applies in the youth's or coach's location.